

Stir Fries & Pulses

Mixed Vegetable Curry	£4.95
Saag Bhaji	£4.95
Spinach fried with garlic & onions	
Brinjal Bhaji	£4.95
Aubergine	
Bhindi Bhaji	£4.95
Fresh okra with dry mango powder	
Saag Paneer	£5.95
Indian cheese with spinach & fenugreek	
Saag Aloo	£4.95
Potato & spinach	
Bombay Aloo	£4.95
Spiced potato in a medium sauce	
Aloo Gobi	£4.95
Potato & cauliflower	
Mushroom Bhaji	£4.95
Cauliflower Bhaji	£4.95
Chana Masala	£4.95
Spiced chickpeas	
Tarka Daal	£5.95
Garlic tempered lentils	

Rice

Vegetable Rice	£3.95
Special Fried Rice	£4.95
Egg, onions, peas	
Garlic & Onion Rice	£3.95
Kashmiri Rice	£3.95
Prepared with an assortment of dried fruit	
Mushroom Rice	£3.95
Coconut Rice	£3.95
Keema Rice	£4.50
Lemon Rice	£3.95
Bengali Rice	£4.50
Spiced basmati rice with cashew nuts & hint of saffron	
Egg Rice	£3.95
Pulao Rice	£3.50
Plain Rice	£3.50
Fries	£2.95

Bread

Leavened bread baked in the Tandoor

Plain Naan	£2.95
Garlic Naan	£3.50
Cheese Naan	£3.50
Cheese & Keema Naan	£4.95
Bullet Naan	£3.50
Very spicy red chilli & cheese	
Peshwari Naan (Fruity)	£3.95
Chilli & Coriander Naan	£3.50
Chilli & Honey Naan	£3.95
Keema Naan	£4.50
Stuffed with spicy minced meat spicy	
Tandoori Roti	£2.95
Medium whole meal bread baked in Tandoor	
Chappati Thin	£1.95
Whole meal bread	
Puri	£2.25
Deep fried thin & puffy bread	
Paratha	£2.95
Thick, layered bread fried in pure ghee	
Stuffed Paratha	£3.50

Sundries

Pappadom- Plain/Masala/Per Portion	£0.90
Relish Tray	£2.95
Contains: Mango chutney, minty yoghurt sauce & onion salad	
Yoghurt Mint Sauce	£0.75
Mango Chutney	£0.75
Mixed Pickle	£0.75
Mixed Raita	£1.95
Onions, coriander and cucumber mixed with fresh yoghurt	

Contains nuts

www.meridianspice.co.uk

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Meridian Spice

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Open 7 Days a Week

(Including Bank Holidays):
5.00pm - 11.00pm

Tel: 01634 373700 / 378134

78-80 High Street, Rainham ME8 7JH



@meridianSpiceRainham



All credit cards are accepted.
Cheque payments are not accepted.



At the Outset

Spiced Broccoli & Pea Soup £4.50

A delicate coloured creamy soup. It has a mild spicy flavour created with a blend of greens

King Prawn Butterfly £5.95

Large raw king prawns tossed in a blend of spices then deep fried to a crunchy coating

Spicy Mussels £8.95

Muscles steamed in a coconut and butter creamy sauce with white wine

Samosa (Meat/Vegetable) £3.95

Onion Bhaji..... £3.95

Seekh Kabab..... £4.95

Chicken or Lamb Tikka £4.95

Chicken Chat £4.95

Meridian Spice Mixed Platter (for one)..... £8.95

Chicken tikka, lamb tikka, seekh kabab, veg samosa

Tandoori Paneer Tikka £5.95

Grilled indian cheese stir fried with capsicum and onions, spiced with sweet chilli sauce

Salmon Tikka £6.95

Amritsari Fish..... £5.95

Fish cubes lightly spiced and deep fried

Fried Chilli Prawns.....£7.95

Spiced with chilli and garlic paste coated with sesame seeds and served with tamarind sauce

King Prawn Puri..... £8.95

Mango and Prawn Puri.....£7.95

Master Creations

Chicken Tikka Butter Masala £11.95

Tender cubes of chicken breast cooked in butter & creamy sauce

Green Chilli Chicken£10.95

Cubes of chicken fillet marinated in a blend of tamarind, coriander, green chillies, shallots & tomatoes - cooked in a thick spicy sauce

Chicken/ Lamb Chettinad£10.95

Chicken marinated in cumin seeds & black pepper cooked in spicy coconut sauce with onions, tamarind & cinnamon

Methi Murgh£10.95

Chicken cooked with fresh fenugreek leaves & flavoured with fresh chillies, ginger & black cardamom

Chicken/Lamb Lazeez.....£10.95

Chicken marinated in a blend of different spices and herbs. A very special dish

Shaslick-E-Bahar Chicken/Lamb £11.95

Chicken tikka or lamb tikka cooked with touch of garlic, green chillies served with a thick sauce. A sizzling dish

Bombay Flame Chicken/Lamb.....£10.95

A hot curry cooked with potato in special Naga chilli

Himalaya Chicken (Contains Alcohol)..... £11.95

Mild and creamy chicken enhanced with one shot of Sambuca

Beef Buffad £11.95

Cubes of braised beefsteak cooked slowly with a subtle combination of spices & coconut milk

Chilli Beef.....£11.95

Stewing beef marinated in a blend of fresh ginger & garlic cooked with a selection of ground spices & fresh chillies

Lamb/Chicken Pasanda £11.95

Braised lamb fillets cooked in mild spices then simmered in a creamy yoghurt sauce

Chicken or Lamb Tikka Masala £11.95

Cooked in thick creamy sauce with ground coconut & almonds

Fish & Shell Fish

Goan Fish Curry£10.95

Fish Fillet cooked in traditional Goan Spices

Salmon Hara Dhania..... £11.95

Pan seared salmon steak prepared with red onions, crushed black peppercorns, poppy seeds & chopped coriander springs

Seafood Bhuna£12.95

An infusion of king scallops, squid, cube of fish fillet, tiger prawns cooked in our chef's speciality stock, a medium blend of bhuna spices & herbs

Fish Fry Masala Spicy Sizzling.....£10.95

Fish fillet marinated with light spices & delicate herbs, pan fried with mushrooms & peppers

Tandoori King Prawn Masala£13.95

Cooked in thick creamy sauce with ground coconut & almonds

Touch of the Tandoor

Chicken Tandoori (Half) £8.95

Half of spring chicken on the bone spiced & marinated overnight baked in the tandoor oven immediately before being served

Chicken Tikka..... £8.95

Chicken breast cubes marinated with yogurt and spices, grilled in tandoor

Lamb Tikka £9.95

Lamb cubes marinated with yogurt and spices, grilled in tandoor

Salmon Tikka£12.95

Cubes of Salmon fillets marinated in yoghurt with a selection of spices including cumin & carom seeds baked in the tandoor

Duck Shaslick.....£12.95

Chicken or Lamb Shashlik.....£10.95

Grilled chicken cubes with tomatoes, green peppers & onions

Tandoori King Prawn.....£13.95

King prawn marinated with herbs & spices, grilled in clay oven

Tandoori Mixed Grill.....£13.95

Contains tandoori grilled chicken, chicken tikka, boti kebab, seekh kebab & Tandoori king prawns

Vegetarian Main Dishes

Seasonal Mixed Vegetables Stir Fried £7.95

A special Bengali style dish prepared with an assortment of fresh vegetables

Khatte Mitti Gobi..... £7.95

Cauliflower cooked with tamarind extract & honey

Paneer Shashliki-E-Bahar £10.95

Cubes of Indian cheese grilled in the tandoor

Matar Malai Methi£8.95

Peas cooked with fenugreek leaves in creamy sauce

Panneer Kadahi Masala £10.95

Cubes of Indian cheese grilled in the tandoor and cooked in specially prepared sauce

Panneer Butter Masala £10.95

Chilli Paneer Sweet & Sour.....£8.95

Matar Paneer.....£8.95

Classic Curries

Prepared individually in a rich, spiced curry sauce in various strengths

Balti

Korma - Prepared in a creamy sauce created by a blend of aromatic spices

Bhuna - Dry with fenugreek leaves

Do-piazza - With plenty of onions

Dansak - Cooked with lentils - hot and sour

Vindaloo - Very hot with potatoes

Madras - Fairly hot and sour

Jalfrezi - Dry with sliced green chillies, capsicum and tomatoes

Pathia - Cooked in a thick hot and sour sauce

Curry - Medium and saucy

Rogan Josh - Medium and spicy with tomatoes

Saag - Medium and spicy with spinach

Korai - With green peppers & special blend of freshly ground spices

Vegetable or Paneer.....£8.95

Chicken or Lamb£9.95

Prawn £10.95

King Prawn £12.95

Shades of Basmati

Ingredients of all the following dishes are combined with basmati rice & pure butter ghee it is lightly spiced & has its taste enhanced with saffron, arranged in a platter served with a specially prepared vegetable curry

Meridian Spice Special Dum Biryani..... £13.95

Chicken Biryani..... £11.95

Lamb Biryani..... £12.95

Vegetable Biryani £9.95

King Prawn Biryani..... £13.95